

SHARON REGIONAL MEDICAL CENTER AND THIEL COLLEGE PRESENT:

HEALTHY LIVING

A SERIES OF HEALTH AND WELLNESS PROGRAMS
for the Greenville community.

TUESDAY, MAY 14

YOU DON'T NEED SUPERPOWERS TO BE A STROKE HERO

You just need to know how to spot a stroke F.A.S.T. Join this information program in recognition of Stroke Awareness Month to help understand the causes of stroke, the signs and symptoms and the importance of quick intervention to reduce long term disability for the most common type of stroke.

Date: Tuesday, May 14 • **Time:** 6-7 p.m.

Location: Thiel College

Presenter: David Shellenbarger, MD
*Medical Director of Emergency Care Services,
Sharon Regional Medical Center*

TUESDAY, MAY 21

MANAGING JOINT PAIN

Is knee pain keeping you from enjoying the things you love? Find out about new treatment options for knee pain including the use of the area's only robotics assisted technology used for total and partial knee surgery.

Date: Tuesday, May 14 • **Time:** 6-7 p.m.

Location: Thiel College

Presenter: Steven Hand, D.O.
Orthopedic Surgeon, Sharon Regional Medical Center

TUESDAY, MAY 28

GETTING TO THE HEART OF IT ALL

Heart disease remains the leading cause of death in the U.S. Understanding the risk factors and knowing the signs and symptoms of a heart attack, as well as treatment options are all important in the fight against heart disease.

Date: Tuesday, May 28 • **Time:** 6-7 p.m.

Location: Thiel College

Presenters: Jamie Kurelko, MSN, RN, CRNP
Steward Cardiology Specialists

Debra Yeager, RN, BSN
*Director of Cardiovascular Services,
Sharon Regional Medical Center*

These programs are FREE and space is limited.
Snacks and refreshments will be provided.

To register call 800-974-9634.

All programs will take place in the
Howard Miller Student Center
Lutheran Heritage Room

Thiel College
75 College Ave, Greenville, PA 16125



sharonregionalmedical.org



Sharon Regional Medical Center
A STEWARD FAMILY HOSPITAL



740 East State Street Sharon, PA 16146