

## CS KEY FACTS ABOUT STROKE

Sharon Regional Recognizes World Stroke Day!

Free blood pressure screenings will be offered on Tuesday, October 29th from 9 a.m. – 3 p.m. at the following locations:

> Diagnostic & Imaging Center Hermitage 2435 Garden Way Hermitage, PA 16148

Diagnostic & Specialty Center Hubbard 880 W Liberty St Hubbard, OH 44425

Lawrence County Family Medicine 2520 Wilmington Rd New Castle, PA 16105

Steward Cardiology Associates 2999 Innovation Way Hermitage, PA

Thiel Health Center Thiel College in Rudisill Room 75 College Ave Greenville, PA 16125

StrokeAssociation.org



#### FACT #1:

## stroke kills brain cells

Stroke happens when a clot or rupture interrupts blood flow to the brain. Without oxygen-rich blood, brain cells die.



### FACT #3:

# about one in four stroke survivors is at risk for another

Fortunately, up to 80 percent of second clot-related strokes may be preventable.



#### FACT #2

## types of stroke

Ischemic caused by a clot, Hemorrhagic caused by a rupture and Transient Ischemic Attack (TIA) or "mini stroke" caused by a temporary blockage.



## FACT #4:

## prevention is key

Had a stroke? Create a plan with your doctor to prevent another, which may include managing high blood pressure and discussing aspirin or other medicine.

Aspirin is not appropriate for everyone, so be sure to talk to your doctor before you begin an aspirin regimen.



## FACT #5:

## time lost is brain lost

Now that you know prevention, here's how you spot one. Learn the FAST warning signs:

F A S T
Face Arm Speech Time to
Drooping Weakness Difficulty call 911



